



Travel via the Moon

Submitted by the Editor
In honor of the adventurous spirit of
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Amazing Wellness Getaways **Take time to rest, relax, and restore!**

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resolutions, make it a vow to do things that make you feel better mentally and physically. These incredible places around the world offer a wellness respite, whether it's extra time with good friends, beautiful landscapes to hike, or services to pamper yourself.

Here are a few spots that really turn up wanderlust when it comes to wellness travel.

MAUI, HAWAII: RITZ-CARLTON KAPALUA



Photo by the Ritz-Carlton, Maui, Kapalua

First step to relaxation and wellness? Just breathing in the refreshing Hawaiian air. Hit the jogging trails before a CBD pedicure to relax those tired feet. Then spend your time watching whales gallivant across the Pacific Ocean or zip-line across the gulches of the west Maui mountains.

SAN DIEGO, CA: FAIRMONT GRAND DEL MAR



Photo by Fairmont Grand del Mar

On site equestrian experiences, a stunning year-round golf course and San Diego's only Michelin-starred restaurant are just some of what you'll find at this coastal canyon hotel. Play pickle ball or tennis, take time to relax at the spa and of course eat fish tacos on the beach and you'll come home refreshed in all ways.

TELLURIDE, COLORADO: PEAKS RESORT AND SPA



Photo by The Peaks Resort & Spa

Epic skiing in the winter and plenty of hiking and boating in the summer, this small Colorado town is a true beauty. Spend exhilarating moments deep in the outdoors and then relax at one of their indoor or outdoor pools. A full fitness center will keep you in tip-top shape.

WHITE SULPHUR SPRINGS, WEST VIRGINIA: THE GREENBRIER



Photo by The Greenbrier

This National Historic Landmark has hosted 28 presidents and is made for royalty. So, treat yourself as such and book a night where you can participate in one of their 55 activities from carriage rides to escape rooms. Spend some time exploring the 11,000 acres and we are certain you'll find something that ignites your spirit.

KOHLER, WISCONSIN: KOHLER SPA



Photo by Kohler Waters Spa

You may know Kohler from your shower or sink, and they've taken that knowledge to create an incredible water spa with treatments involving hydrotherapy or ritual baths. In between treatments they have an indoor soaking pool with a waterfall for the ultimate relaxation.